

Second Class Requirement 7c

Dangers of Drugs and Alcohol

Tobacco

- Tobacco is a natural grown plant
- It contains nicotine which is a very addictive drug that makes you want more
- chewing or smoking tobacco or cigarettes can lead to mouth and lung cancer



Alcohol

- Many commercials for beer wine and other forms of alcoholic drinks make look drinking look like fun
- Drinking too much and drinking if you are below the minimum drinking age can have disastrous effects
- never drink and drive. If you are under the influence of any alcohol, you are putting yourself and all others on the road in danger

Drugs

- Drugs change the chemistry of your body
- Drugs prescribed by doctors are given in very specific amounts
- If you take drugs that are not prescribed by a doctor you don't know how much drug you are taking

Drugs pt.2

- Methamphetamine, ecstasy, crack, cocaine, LSD, and heroin are all examples of drugs that have very harmful effects on your mind
- Some drugs are very addictive
- That means that after you take one or two, you will keep wanting to take more and more

Videos

<https://youtu.be/b6Dte96WdqM>

<https://youtu.be/8qK0hXuXOC8>

Review